



ORGANIC LABELS EXPLAINED

Organic products are labeled according to the percentage of organic ingredients they have. This chart shows what to expect from different labels.

100% Organic



Organic



Made with Organic



Organic Ingredients



- ✓ Organic seal allowed
- ✓ 100% certified organic ingredients and processing aids
- ✓ No GMOs
- ✓ All ingredients comply with National List of Allowed and Prohibited Substances
- ✓ Certification required
- ✓ Organic seal allowed
- ✓ 95 % certified organic ingredients
- ✓ No GMOs
- ✓ Non-organic ingredients comply with National List
- ✓ Certification required
- ✗ Organic seal NOT allowed; Must specify which ingredients are organic
- ✓ At least 70% certified organic ingredients
- ✓ No GMOs
- ✓ Non-organic ingredients comply with National List
- ✓ Certification required
- ✗ Organic seal NOT allowed; Product can't be described as "organic"
- ✗ No specific % certified organic
- ✗ May contain GMOs
- ✗ Compliance with National List not required
- ✗ Certification NOT required

Learn more about organic labels at www.ams.usda.gov/organic

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